

# 11 of the BEST DENTAL APPS FOR YOUR CHILDREN



**Dentistry**  
for Children and Adolescents  
PEDIATRIC SPECIALISTS



Kids nowadays know how to unlock a smartphone before they can complete full sentences. Their abilities to work technology grow as quickly as they do!

Tech developers have noticed, and they're putting out more and more applications, or apps, aimed toward the youngest demographics.

The good news is that while on many of these apps, the kids are playing games and being educated at the same time.

Luckily, you don't have to search hard to find the same kind of fun, educational apps about dentistry!

This eBook breaks down the 12 best dental apps for kids. Each app description details which ages they target, their prices (if applicable) and what we think both kids and parents will love best about them.







## Disney Magic Timer™

This app timer makes sure kids will brush their teeth for a full two minutes, twice daily. Parents can track their child's progress on the Brushing Calendar. Although the app is free, it does require you to own a Crest or Oral-B Pro-Health Stages product.

Before brushing, your child must take your smart device and scan their product to begin. Then, they can choose a Disney, Marvel or Star Wars character to be their brushing buddy. After each brushing session, kids earn a different sticker to add to their galleries.

- Free
- Kids 6-8
- Available on iTunes App Store, Google Play

## TIMER APPS





## Time2Brush

This timer app is a countdown that comes with a catchy tune and a dancing Nurdle. Nurdles are pea-sized spurts of toothpaste that kids can customize by using their points. The songs played are also infused with instructional lyrics to ensure a thorough brushing every time.

Points can be redeemed to buy clothing or accessories for your child's Nurdle. The more you brush, the more points kids earn! Then, if the whole family wants to join in, you can simply save multiple Nurdles.

- Free
- Kids under 7
- Available on iTunes App Store

## TIMER APPS



## TIMER APPS



### Brush DJ

Brush DJ plays songs from your own music library or from a specified playlist while your little one brushes along for two minutes. It also includes a visual display that instructs kids where to brush.

This app's reminders could be especially helpful. You can set them for simple tasks, such as twice daily brushing and flossing, and for long-term tasks such as changing your kid's toothbrush and when to make their next dental appointment.

- Free
- Kids 4 and up
- Available on iTunes App Store, Google Play





## Dentist Office Kids

Kids are put into the shoes of their dentist as they clean and extract teeth! The game allows children to familiarize themselves with common dental equipment and procedures. For the full nine procedures, parents must upgrade to the Dentist Office Pack (for \$4.99).

Other versions are available, including Dentist Office Kids 2 and Dentist Office Princess.

- Free / In-app upgrades available on iTunes App Store and Google Play; \$0.99 on Amazon Apps & Games
- Kids 4 and up
- Available on iTunes App Store, Google Play, and Amazon Apps & Games

## GAME-BASED APPS





## Chomper Chums

This educational game also allows your child to have a virtual pet. Kids interact with their pets each time they brush, and regular sessions earn coins. Coins are then used to buy healthy or non-healthy food for the pet. Each decision impacts the animal's dental health.

Kids can choose from a lion, horse or alligator. They can eventually earn Super Smile Points and send their animal on adventures.

- Free
- Kids 4 - 11
- Available on iTunes App Store, Google Play

## GAME-BASED APPS





## Monster Mouth DDS

Nine monsters come to your child's dental practice with unique ailments in this app. The creatures, anyone from the Loch Ness Monster to Dracula, will slam their mouths shut if their problem isn't fixed fast enough. The graphics are funny and a little gross, but discourage kids from letting plaque rule their mouths. There are Easy, Hard and Challenge modes.

Note that the dental "tools" used in this game are bombs, pliers and more. Talk with your child before downloading, as these features may make them nervous to go to a real dentist's office.

- \$0.99
- Kids 9 and up
- Available on Amazon Apps & Games

## GAME-BASED APPS





## Toothsaunders Brushing Game

An evil sorceress has given cavities to Toothy's entire kingdom, and only your child can save them! Kids can unlock new characters, and play with a friend in two-player mode. The app includes a parents section that allows you to track progress and post on Facebook when your child reaches a milestone. This is another application that allows you to set twice daily brushing reminders.

- Free
- Kids 5 and under
- Available on iTunes App Store, Google Play

## GAME-BASED APPS



## GAME-BASED APPS



### Tiny Dentist

This is another interactive game that lets kids play virtual dentist. The Tiny Dentist app offers a large number of cartoon patients to treat and several procedures like fillings, whitening, extractions and x-rays.

The app promises a kid-friendly display, and no third-party advertising or in-app purchases.

- \$2.99 on iTunes App Store; Free on Google Play and Amazon Apps & Games
- Kids 3 - 8
- Available on iTunes App Store, Google Play, Amazon Apps & Games





## My Healthy Smile

This helpful application offers 11 audio and visual social scripts that help children understand what good dental health at home looks like, and what to expect at the dentist's office. It aims to develop functional skills.

The app is advertised as being especially helpful to children and adults with developmental disabilities. Its scripts cover a variety of topics, such as cleanings, x-rays and healthy eating.

- \$1.99
- All ages
- Available on iTunes App Store

## EVERYDAY HELP APPS





## BracesHelp

Getting braces requires adolescents to make major adjustments to their eating and dental care practices, and this app can smooth that transition. It provides tips for everyday life with braces, mini-emergency information and a Food Center.

Perhaps most helpful are the in-app videos that portray how to care for braces and solutions to common problems caused by braces.

- Free
- Kids 4 and up
- Available on iTunes App Store

## EVERYDAY HELP APPS





## Tooth Notes

An app specifically for parents, Tooth Notes allows you to keep ongoing notes about your entire family's dental health.

The app allows you to track notes about individual teeth, such as which ones have had work done or have given your child trouble! Kids can keep see a visual of which baby teeth are still in their mouths and which permanent teeth are there to stay. That information paired with records and reminders for dentist appointments can make your entire dental experience smoother.

- \$0.99
- For Parents
- Available on iTunes App Store

## EVERYDAY HELP APPS



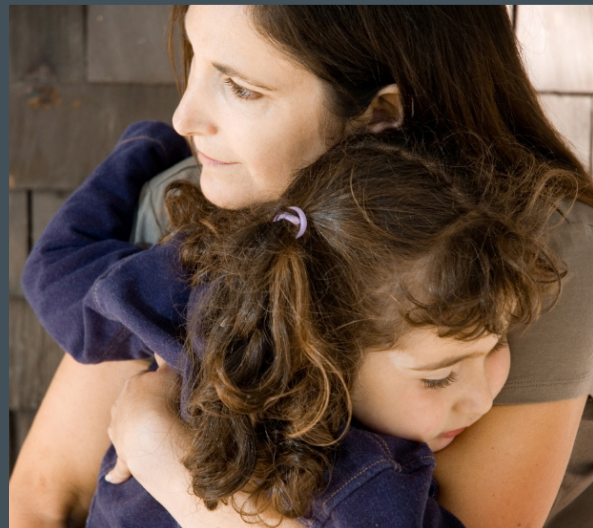
## Follow Through on Educational Games

After downloading any of these educational apps, follow through and ensure your child is getting the best dental care and experience available.

You wouldn't let them play a reading game and then not give them books, right? It's the same idea with oral hygiene.

Dentistry for Children and Adolescents offers a fun, educational experience for kids while also providing an essential service to their teeth and confidence.

According to [DentallQ.com](http://DentallQ.com), oral disease causes kids in the U.S. to miss 51 million school hours and their parents to lose 25 million work hours annually.



Don't let it get that far!





The most important step to ensuring that your child is receiving the best dental care is selecting the right provider for your family's needs. At Dentistry for Children and Adolescents, we strive to make the experience fun for kids, but at the same time informational and comfortable for parents.

To learn more about us and the services we can provide your family, call either one of our locations —

Creve Coeur, MO at 314-567-1122

St. Charles, MO at 636-946-5225.